

CURRICULUM VITAE
March 2008

PERSONAL DATA

Kara Zivin, Ph.D.

(formerly Kara Zivin Bambauer)

ADDRESSES

VA Address:

Department of Veterans Affairs, Health Services Research and Development
Serious Mental Illness Treatment Research and Evaluation Center (SMITREC)
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4250 Plymouth Rd. Box 5765
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EDUCATION

1993-1997	Johns Hopkins University, BA, with honors, International Relations
1996-1998	Johns Hopkins University, School of Advanced International Studies, MA, International Economics and Conflict Management
1999-2002	Harvard School of Public Health, MS, Health Policy and Management
2000-2004	Harvard University, Graduate School of Arts and Sciences, PhD, Health Policy

POSTDOCTORAL TRAINING

2004-2005	Pharmaceutical Policy Fellowship, Harvard Medical School, Department of Ambulatory Care and Prevention
2005-2006	Thomas O. Pyle Fellowship, Harvard Medical School, Department of Ambulatory Care and Prevention

ACADEMIC APPOINTMENTS

2006-present	Assistant Professor, University of Michigan Medical School, Department of Psychiatry
2006-present	Research Investigator, Department of Veterans' Affairs, National Serious Mental Illness Treatment Research and Evaluation (SMITREC), HSR&D Center of Excellence, Ann Arbor, MI

SCIENTIFIC ACTIVITIES

Journal Reviewer

American Journal of Managed Care, Archives of General
Psychiatry, Bipolar Disorders, Health Affairs, Health Policy,
Health Services Research, International Journal of Geriatric
Psychiatry, Journal of Clinical Oncology, Journal of Clinical
Psychiatry, Journal of General Internal Medicine, Journal of
Geriatric Psychiatry and Neurology, Journal of Palliative
Medicine, Journal of the American Medical Association,
Psychiatric Services, Psychosomatic Medicine

Scholar

Summer Research Institute in Geriatric Psychiatry, sponsored
by the University of California, San Diego, held at Stanford
University in Palo Alto, CA. (2005)

CMS 101: Introduction to the Use of Medicare Data for Research, sponsored by the Research Data Assistance Center (ResDAC) at the University of Minnesota, School of Public Health, held in Houston, TX (2005)

CMS 302: Conducting Economic Research using Medicare Data, sponsored by the Research Data Assistance Center (ResDAC) at the University of Minnesota, School of Public Health, held in Minneapolis, MN (2006)

GRANT SUPPORT

Past

Harvard Pilgrim Health Care Foundation, “Effectiveness of Electronic Monitoring of Antidepressant Adherence and Faxed Alerts to Physicians”; (Principal Investigator: Dennis Ross-Degnan), 7/2004-12/2006, (\$24,750).

National Institute on Aging, Pilot Faculty Grant to Harvard School of Public Health, “Mental Health Outcomes of Caregiving and Bereavement in Elderly Spouses”; (Principal Investigator: Muriel Gillick), 4/2005-7/2006, (\$11,500).

National Institute of Mental Health, National Research Service Award, (F31) Pre-doctoral, “Relationship Between Depression and Diabetes Self-Care”; (Principal Investigator: Kara Zivin Bambauer), 2/2003-6/2004, (~\$45,000).

Current

National Institute on Aging, Pilot Faculty Grant to Michigan Center on the Demography of Aging (MiCDA), “The impact of depression and cognitive impairment on enrollment in Medicare Part D”; (Principal Investigator: Kara Zivin), 7/2007-6/2008, (\$13,000).

Blue Cross Blue Shield of Michigan, “Implementation of a Depression Stepped Treatment Protocol and Management System for Cardiovascular Patients”; (Principal Investigators: Melvyn Rubenfire and Kevin Kerber), 8/2007-7/2008, (\$174,806).

Rachel Upjohn Clinical Scholar Award, “Effectiveness of the Michigan Depression Outreach and Collaborative Care (M-DOCC) model for improving depression and work productivity outcomes”; (Principal Investigator: Kara Zivin), 9/2007-8/2008, (\$14,000).

HONORS AND AWARDS

1994-1997 Golden Key National Honors Society

1995-1997 Pi Sigma Alpha Political Science National Honors Society

1997-1998 Jacob Blaustein Fellowship for work conducted on the International Negotiation Journal

2001-2002 National Institute of Mental Health (NIMH) Pre-Doctoral Fellowship (T32)

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2007 NIMH New Investigator Poster Award

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

1999-present Academyhealth
2005-present American Association of Geriatric Psychiatry
2003-2005 American Psychosomatic Society
1999-2004 American Public Health Association
2001-present American Statistical Association
Treasurer, Health Policy Statistics Section (HPSS) for 2008-2010 term
2002-present Society of General Internal Medicine

TEACHING ACTIVITIES

1997 Probability and Statistics, Nitze School of Advanced International Studies (SAIS), Johns Hopkins University, teaching assistant for Dr. John Harrington
1998 Basic Econometrics, Nitze School of Advanced International Studies (SAIS), Johns Hopkins University, teaching assistant for Dr. John Harrington
2000 Economics of Health Policy, Harvard School of Public Health, teaching assistant for Dr. Yuanli Liu
2003 Empirical Methods and Statistics, John F. Kennedy School of Government, Harvard University, teaching assistant for Dr. Richard Light
2004-2006 Leverett House, Harvard University, Non-resident tutor for undergraduates

COMMITTEE AND ADMINISTRATIVE SERVICE

2007 Testimony before the House Veterans' Affairs Committee, "Stopping Suicides: Mental Health Challenges Within the Department of Veterans Affairs"
2008-present Michigan Collaborative Care Support Steering Committee, Department of Psychiatry, University of Michigan Medical School

EXTRAMURAL INVITED PRESENTATIONS

National Presentations

1. Bambauer KZ. The exclusion of benzodiazepine coverage in Medicare: simple steps for avoiding a public health crisis. Third Annual Maine Benzodiazepine Study Group International Conference, Bangor, ME, October 2005.

Local Presentations

1. Bambauer, KZ. Effect of depression on self-care for diabetes. Harvard University Health Policy Seminar, Boston, MA, October, 2002; Department of Ambulatory Care and Prevention, Harvard Medical School, Boston, MA, September 2002.
2. Bambauer, KZ. Does antidepressant adherence have an effect on glycemic control among diabetic antidepressant users? Harvard University Health Policy Seminar, Boston, MA, April 2003.
3. Bambauer KZ, Stone P, Locke S, Aupont O, Mullan MG, Colagiovanni J, Polishuk E, Griffin L, Johnstone M, McLaughlin TJ. The effect of medical crisis counseling on self-rated health improvement among distressed heart disease patients. Seminar in Applied Research in Clinical Epidemiology, Harvard School of Public Health, Boston, MA, February 2004; Harvard University Health Policy Seminar, Boston, MA, September 2003.
4. Bambauer KZ, Locke S, Aupont O, Mullan MG, McLaughlin TJ. The utility of the Hospital Anxiety and Depression Scale in predicting depression among patients hospitalized with cardiac disease. Department of Psychiatry Research Day, Harvard Medical School, Boston, MA, March 2004.
5. Bambauer KZ. Effectiveness of an antidepressant compliance program (ACP) using faxed alerts to physicians. Department of Ambulatory Care and Prevention, Harvard Medical School, Boston, MA, September 2004.
6. Bambauer KZ. Measuring antidepressant adherence at Harvard Pilgrim Health Care: challenges associated with claims data. Pharmaceutical Policy Research Seminar, Department of Ambulatory Care and Prevention, Harvard Medical School, Boston, MA, January 2005.
7. Bambauer KZ, Soumerai SB, Adams AS, Zhang F, Weisblatt R, Minkoff N, Grande A, Ross-Degnan D. Impact of an antidepressant adherence improvement program in a managed care organization. Second Annual Symposium of the Harvard Medical School Fellowship in Pharmaceutical Policy Research, Boston, MA, June 2005.
8. Bambauer KZ. Measuring adherence to antidepressants using claims data. Pharmaceutical Policy Research Seminar, Department of Ambulatory Care and Prevention, Harvard Medical School, Boston, MA, November 2005.
9. Bambauer KZ. The exclusion of benzodiazepine coverage in Medicare Part D: Implications for public health and public policy. Third Annual Symposium of the Harvard Medical School Fellowship in Pharmaceutical Policy Research, Boston, MA, April 2006.
10. Zivin, K. Research update and career development. Presentation to the Research and Clinical Scholars track of the Department of Psychiatry medical residents, University of Michigan Medical School, Ann Arbor, MI, February, 2008.
11. Zivin, K. Research findings and opportunities from MSTRIDES. Depression Center Roundtable, Department of Psychiatry, University of Michigan Medical School, Ann Arbor, MI, March 2008.

BIBLIOGRAPHY

Peer-Reviewed Publications in Scientific Journals

1. Neumann P, Bambauer KZ, Ramakrishnan V, Stewart K, Bell C. Economic messages in prescription drug advertisements in medical journals. *Medical Care*. 2002;40(9):840-845.
2. Bambauer KZ, Soumerai SB, Adams AS, Mah C, Zhang F, McLaughlin TJ. Does antidepressant adherence have an effect on glycemic control among diabetic antidepressant users? *International Journal of Psychiatry and Medicine*. 2004;34(4):289-302.
3. Bambauer KZ. Proposition 63: Should other states follow California's lead? *Psychiatric Services*. 2005;56(6):642-644.
4. Bambauer KZ, Locke SE, Aupont O, Mullan MG, McLaughlin TJ. Using the Hospital Anxiety and Depression Scale to screen for depression in cardiac patients. *General Hospital Psychiatry*. 2005;27(4):275-284.
5. Bambauer KZ, Aupont O, Stone PH, Locke SE, Colagiovanni J, Mullan MG, McLaughlin TJ. The effect of a telephone counseling intervention on self-rated health of cardiac patients. *Psychosomatic Medicine*. 2005;67(4):539-545.
6. Bambauer KZ, Sabin JE, Soumerai SB. The exclusion of benzodiazepine coverage in Medicare: simple steps for avoiding a public health crisis. *Psychiatric Services*. 2005;56(9):1143-1146.
7. Bambauer KZ, Connor, DF. Characteristics of aggression in clinically referred children. *CNS Spectrums*. 2005;10(9):709-718.
8. McLaughlin TJ, Aupont O, Bambauer KZ, Stone P, Mullan MG, Colagiovanni J, Polishuk E, Johnstone M, Locke SE. Improving psychologic adjustment to chronic illness in cardiac patients: the role of depression and anxiety. *Journal of General Internal Medicine*. 2005;20(12):1084-1090.
9. Bambauer KZ, Prigerson HG. The Stigma Receptivity Scale (SRS) and its association with mental health service use among bereaved older adults. *Journal of Nervous and Mental Disease*. 2006;194(2):139-141.
10. Bambauer KZ, Adams AS, Zhang F, Minkoff N, Grande A, Weisblatt R, Soumerai SB, Ross-Degnan D. Physician alerts to increase antidepressant adherence: fax or fiction? *Archives of Internal Medicine*. 2006;166(5):498-504.
11. Bambauer KZ, Johnston SC, Bambauer DE, Zivin JA. Reasons why few patients with acute stroke receive tissue plasminogen activator. *Archives of Neurology*. 2006;63(5):661-664.
12. Bambauer KZ, Zhang B, Maciejewski PK, Sahay N, Pirl WF, Block SD, Prigerson HG. Mutuality and specificity of mental disorders in advanced cancer patients and caregivers. *Social Psychiatry and Psychiatric Epidemiology*. 2006;41(10):819-824.

13. Bambauer KZ, Safran DG, Ross-Degnan D, Zhang F, Adams AS, Gurwitz J, Pierre-Jacques M, Soumerai SB. Depression and cost-related medication nonadherence in Medicare beneficiaries. *Archives of General Psychiatry*. 2007;64(5):602-608.
14. Bambauer KZ, Soumerai SB, Adams AS, Zhang F, Ross-Degnan D. Provider and patient characteristics associated with antidepressant nonadherence: the impact of provider specialty. *Journal of Clinical Psychiatry*. 2007;68(6):867-873.
15. Bambauer KZ, Gillick MR. The effect of underlying health status on patient preferences for end-of-life care: a pilot study. *American Journal of Hospice & Palliative Medicine*. 2007; 24(3):185-190.
16. McCarthy JM, Bambauer KZ, Austin K, Jordan N, Valenstein M. Treatment for new episodes of depression. *Psychiatric Services*. 2007;58(5):1035.
17. Zivin K, Christakis NA. The emotional toll of spousal morbidity and mortality. *American Journal of Geriatric Psychiatry*. 2007;15(9):772-779.
18. Zivin K, Kim HM, McCarthy JF, Austin KL, Hoggatt KJ, Walters HM, Valenstein M. Suicide mortality among individuals receiving treatment for depression in the VA health system: associations with patient and treatment setting characteristics. *American Journal of Public Health*. 2007;97(12):2193-2198.
19. Zhang B, Mitchell S, Bambauer KZ, Jones R, Prigerson HG. Trajectories of depressive symptoms in bereaved Alzheimer's disease caregivers. *American Journal of Geriatric Psychiatry*. 2008;16(2):145-155.
20. Ilgen MA, Zivin K, McCammon RJ, Valenstein M. Mental illness, previous suicidality and access to guns in the United States. *Psychiatric Services*. 2008;59(2):198-200.

Non Peer-Reviewed

Bambauer KZ. Effect of depression on diabetes and cardiac outcomes. Dissertation for PhD Program in Health Policy, Harvard University. Cambridge, MA, 2004.

Bambauer KZ. The public health burden of depression. *Harvard Health Policy Review*. 2004;5(2):120-132.

Articles Accepted for Publication

Zivin K, Kales HC. Depression treatment adherence in older adults: a narrative review. Accepted (August 2007) for publication in *Drugs and Aging*.

Chermack ST, Zivin K, Valenstein M, Ilgen M, Austin KL, Wryobeck J, Blow FC. The prevalence and predictors of mental health treatment services in a national sample of depressed veterans. Accepted (January 2008) for publication in *Medical Care*.

Zivin K, McCammon RJ, Davis MM, Halasyamani LK, Kales HC. Increases in Medicare prescription drug plan costs attributable to psychotropic medications. Accepted (February 2008) for publication in *American Journal of Geriatric Psychiatry*.

Articles Submitted

Bulakowski EJ, Philibert JC, Siegel S, Clifford CA, Risbon R, Bambauer KZ, Cronin KL. Efficacy of adjuvant doxorubicin for the treatment of canine cutaneous hemangiosarcoma.

Peters AS, Schnaidt KN, Zivin K, Rifas-Shiman SL, Katz HP. How important is money as a reward for teaching?

Valenstein M, Kim HM, Ganoczy D, McCarthy JF, Zivin K, Austin K, Hogatt K, Eisenberg D, Piette J, Blow FC, Olfson M. Periods of increased risk for patients receiving depression treatment in VA settings: hospitalization, antidepressant initiation, and dosage change.

McCarthy JF, Zivin K, Austin KL, Kales HC, Valenstein M. Does consideration of Medicare use affect VA evaluations of depression treatment quality?

Valenstein M, Eisenberg D, McCarthy JF, Zivin K, Austin K, Ganoczy D, Kim HM, Piette JD, Olfson M, Blow FC. Monitoring of depressed VA patients during treatment periods with higher suicide risks: services and cost implications of increasing monitoring intensity.

Zivin K, McCarthy JF, McCammon RJ, Valenstein M, Post EP, Welsh D, Kilbourne AM. Health-related quality of life (HRQoL) and utilities among VA patients with depression.

Ilgen MA, Zivin K, McCammon RJ, Valenstein, M. Pain and suicidality in the United States.

Boyd L, Langston C, Thompson A, Zivin K, Imanishi M. Long-term survival in cats with naturally occurring chronic kidney disease 2000-2002.

McCarthy JF, Valenstein M, Kim HM, Ilgen M, Zivin K, Blow FC. Suicide mortality among veterans receiving care in the VA health system.

Zivin K, Pfeiffer P, McCammon RJ, Kavanagh J, Walters H, Welsh D, DiFranco D, Valenstein, M. No-shows: who fails to follow-up with initial behavioral health appointments?

Zivin K, Kerber K, Kuebler J, Jiang Q, Walters H, Klinkman M, McInnis M, Valenstein, M. Effectiveness of a depression disease management program in improving depression and work productivity.

Letters to the Editor and Editorials

Bambauer KZ, Johnston SC, Bambauer DE, Zivin JA. Nonstroke Treatment: Reply [Letter]. *Archives of Neurology*. 2006;63(10):1506-1507.

Zivin K, Nosowsky R, DiFranco D, Valenstein M, Kales HC, Greden, JF. Criminal background checks for psychiatry? Michigan's mental health exceptionalism. *Journal of the American Academy of Psychiatry and the Law*. 2008;36(1):6-9.

Abstracts, Preliminary Communications and Panel Discussions

1. Zivin K, Neumann P. Quality of life messages in prescription drug advertisements in leading medical journals, 1990-1999. International Society for Pharmacoeconomics and Outcomes Research (ISPOR) Sixth Annual International Meeting, Washington, DC, May 2001.
2. Bambauer KZ, Soumerai SB, Ross-Degnan D, Adams AS, Mah C, Zhang F, McLaughlin TJ. Does antidepressant adherence have an effect on glycosylated hemoglobin (HbA_{1c}) levels among diabetic antidepressant users? National Research Service Award (NRSA) Trainees Conference at the Academy Health Annual Research Meeting, Nashville, TN, June 2003.
3. Bambauer KZ, Soumerai SB, Mah C, Zhang F, Adams AS, McLaughlin TJ. The effect of antidepressant adherence on diabetes outcomes. Joint Statistical Meeting, San Francisco, CA, August 2003.
4. Bambauer KZ, Stone P, Locke S, Aupont O, Mullan MG, Colagiovanni J, Polishuk E, Griffin L, Johnstone M, McLaughlin TJ. The effect of phone-based counseling on patient perception of global improvement among patients surviving acute coronary syndrome. International Conference on Health Policy Research, Chicago, IL, October 2003.
5. Bambauer KZ, Stone P, Locke S, Aupont O, Mullan MG, Colagiovanni J, Polishuk E, Griffin L, Johnstone M, McLaughlin TJ. The effect of medical crisis counseling on self-rated health improvement among distressed heart disease patients. 62nd Annual Scientific Meeting of the American Psychosomatic Society, Orlando, FL, March 2004.
6. Bambauer KZ, Adams AS, Soumerai SB, Zhang F, Weisblatt R, Minkoff N, Grande A, Ross-Degnan D. Predictors of antidepressant nonadherence in a managed care population. The 11th Annual HMO Research Network Conference, Santa Fe, NM, April 2005.
7. Bambauer KZ, Soumerai SB, Adams AS, Zhang F, Weisblatt R, Minkoff N, Grande A, Ross-Degnan D. Impact of an antidepressant adherence improvement program in a managed care organization. Academy Health Annual Research Meeting, Boston, MA, June 2005.
8. Bambauer KZ, Christakis NA. The influence of spousal morbidity and mortality on proband mental health diagnosis and treatment. International Conference on Health Policy Research, Boston, MA, October 2005.
9. Bulakowski E, Cronin K, Philiber J, Siegel S, Bambauer KZ. Efficacy of adjuvant doxorubicin chemotherapy for the treatment of feline vaccine associated sarcomas. Veterinary Cancer Society Conference, Huntington Beach, CA, October 2005.
12. Bulakowski E, Philiber J, Siegel S, Bambauer KZ, Cronin K. Efficacy of adjuvant doxorubicin and cyclophosphamide for the treatment of subcutaneous hemangiosarcoma. Veterinary Cancer Society Conference, Pine Mountain, GA, October 2006.
13. McCarthy JF, Bambauer KZ, Austin K, Valenstein M. VA Treatment for new episodes of depression: does dual-system use explain poor performance? Annual Health Services Research and Development Meeting of the Department of Veterans Affairs, Washington, D.C. February, 2007; Academy Health Annual Research Meeting, Orlando, FL, June 2007.

14. Bambauer KZ, Safran DG, Ross-Degnan D, Zhang F, Adams AS, Gurwitz J, Pierre-Jacques M, Soumerai SB. Depression and cost-related medication nonadherence in Medicare beneficiaries. American Association of Geriatric Psychiatry Annual Meeting, New Orleans, LA, March 2007.
15. Valenstein M, Eisenberg D, Austin KL, Ganoczy D, Bambauer KZ, Blow FC. Service and cost implications of extending FDA recommendations for close monitoring to adult patients starting antidepressants or changing doses. American Psychiatric Association Annual Meeting, San Diego, CA, May 2007.
16. Bambauer KZ, Kerber K, Kuebler J, Walters H, Jiang Q, Valenstein M. The impact of a depression disease management program on productivity. Academy Health Annual Research Meeting, Orlando, FL, June 2007.
17. Bambauer KZ, Kim HM, McCarthy JF, Austin KL, Hoggatt KJ, Walters HM, Valenstein M. Suicide mortality among individuals receiving treatment for depression in the VA health system: associations with patient and treatment setting characteristics. Transforming VHA Mental Health Care Conference, Alexandria, VA, July 2007.
18. Bambauer KZ, McCammon RJ, Davis MM, Halasyamani LK, Kales HC. Medicare prescription drug plan costs for psychiatric medications. Nineteenth NIMH Conference on Mental Health Services Research Pre-Conference Workshop for New Investigators, Washington, DC, July 2007.
19. Valenstein M, Kim HM, McCarthy JF, Bambauer KZ, Hoggatt K, Ganoczy D, Austin KL, Eisenberg D, Blow FC. Periods of high suicide risk among VA patients in depression treatment. Nineteenth NIMH Conference on Mental Health Services Research: Enhancing the Impact of Mental Health Services Research, Washington, DC, July 2007.
20. Zivin K, Kerber K, Kuebler J, Walters H, Jiang Q, Klinkman M, Valenstein M. The impact of a depression disease management program on productivity. International Conference on Health Policy Research, Philadelphia, PA, January 2008.
21. Chermack ST, Zivin K, Valenstein M, Ilgen M, Austin KL, Wryobeck J, Blow FC. The prevalence and predictors of mental health treatment services in a national sample of depressed veterans: medications, psychotherapy, and combined treatment. Annual Health Services Research and Development Meeting of the Department of Veterans Affairs, Baltimore, MD, February 2008.
22. McCarthy JM, Valenstein M, Zivin K, Kilbourne AM, CIVIC-MD Project Team. Mental health access and use of non-VA services in VA patients with bipolar disorder. Annual Health Services Research and Development Meeting of the Department of Veterans Affairs, Baltimore, MD, February 2008.
23. Zeber JE, Miller AL, Valenstein M, McCarthy JF, Zivin K, Teh CF, Cruz M, Kilbourne AM, CIVIC-MD Project Team. Medication adherence, ethnicity, and the influence of multiple psychosocial and financial barriers in veterans with bipolar disorder. Annual Health Services Research and Development Meeting of the Department of Veterans Affairs, Baltimore, MD, February 2008.

24. Zivin K. Depression, treatment adherence, and Medicare Part D. American Association of Geriatric Psychiatry Annual Meeting, Orlando, FL, March 2008.